

Our Approach

Birchtree's experts work *in partnership* with students, families, schools, and agencies to develop comprehensive, individualized educational and therapeutic programs. We are committed to *full inclusion* whenever and wherever possible.

Instructional Areas:

- ✓ Academics
- ✓ Communication & Social Skills
- ✓ Self-Care & Hygiene
- ✓ Mobility & Fitness
- ✓ Behavior & Self-Regulation
- ✓ Vocational & Independent-Living Skills
- ✓ Leisure Skills & Community Participation

Applied Behavior Analysis (ABA) Expertise In Action

All Birchtree programs are *data-driven* and based on the principles of applied behavior analysis, with close supervision from Board Certified Behavior Analysts® (BCBAs®). Direct support staff, including Registered Behavior Technicians® (RBTs®), are highly trained in ABA and closely supervised by BCBAs®.

What is Applied Behavior Analysis?

Applied behavior analysis (ABA) is a discipline devoted to the understanding and modification of socially significant human behavior. ABA uses methods that are *scientifically proven* and supported by data to generate change in behaviors. ABA focuses on decreasing maladaptive (challenging) behaviors and increasing adaptive (functional) behaviors.

The Birchtree Center admits students of any sex, race, creed, color, marital status, national/ethnic origin, and economic status. This program is made possible thanks to a grant from the New Hampshire Charitable Foundation's Greater Portsmouth Rehabilitation Center Fund. All included photos are stock photos posed by models.



THE
BIRCHTREE
CENTER

est. 2002

Typical Service Area*



* Remote services can be offered outside this area.

We Serve:

- Children and youth with autism, developmental delay, developmental disabilities, and/or behaviors that interfere with learning.
- Families, caregivers, and educators.
- Public schools and community agencies.

Service Timing & Duration:

Most services are available *year round*. In many cases, Birchtree's staff can offer *short-term* services and training—so we can equip your team or family with the tools you need to promote your student's *long-term success!*

APPLIED BEHAVIOR ANALYSIS (ABA) CONSULTATION & SERVICES



Serving Schools, Families & Agencies
in NH, ME & MA



A not-for-profit organization
serving NH, MA & ME
www.birchtreecenter.org

603-433-4192

www.birchtreecenter.org

A nonprofit based in Portsmouth, NH

At Public Schools & in Community Agencies

School/Agency Consultation Services

include consultation and training with a student's educational team; behavioral, educational and individualized program assessments; and the development of interventions and strategies that can be used to **strengthen a student's progress**.

Birchtree's staff can also provide staff training, assessments, and supervision; offer in-service workshops; design individualized data-collection systems; and conduct ongoing observations and data analysis to provide recommendations for program modifications.

Direct Support Services offer students **one-on-one support** from Birchtree staff, including Registered Behavior Technicians® (RBTs®), who are trained and supervised by a Birchtree Board Certified Behavior Analyst® (BCBA®). Staff use applied behavior analytic methodology to promote communication, social, academic, leisure, motor, and daily living skills. They can help students learn new skills, increase appropriate behaviors and skills, and decrease interfering behaviors.

Individualized Program Evaluations

assess individual students' educational and behavioral needs and provide recommendations to facilitate skill development and performance across environments.

A behavior analyst observes the student and his/her current programming, reviews student records, and interviews staff and family members. A written report summarizes a student's observed behaviors and skills, identifies his/her current level of needs, and makes recommendations for educational and behavioral programming and for the future direction of the student's program and Individualized Education Program (IEP).

Service Delivery Options

- In-person consultation & services at school, at home, or in community settings
- Remote consultation & services at school/home

Assessment Services

- Assessment of Basic Language and Learning Skills (ABLBS-R®)
- Assessment of Functional Living Skills (AFLS)
- Verbal Behavior Milestones Assessment & Placement Program (VB-MAPP)
- Functional Behavior Assessment (FBA)
- Individualized Program Evaluations

Program-Development Services

- Behavior support plan development, implementation & documentation, including Positive Behavior Support (PBS) plans
- Individualized Education Program (IEP) formulation & curriculum development
- Lesson plan development, implementation & documentation, including procedures for promoting skill acquisition & performance
- Developing data-collection & monitoring systems to track IEP goals; graphing & analyzing data
- Creating visual supports

Staff Development & Training

- Training & ongoing supervision for Registered Behavior Technicians® (RBTs®)
- Registered Behavior Technician® (RBT®) Competency Assessments
- In-service workshops & other staff training

For Families & the Public

Parent Workshops and Q&As are hosted by Birchtree's autism experts a few times per year, both online and in person. Parents, guardians, and caregivers can ask questions, get suggestions, and share ideas with other families.

ABA Workshops occur during the school year. Birchtree's Board Certified Behavior Analysts® help special education administrators, para-educators, childcare providers, and direct-support professionals learn practical strategies for implementing ABA programming and for working with students with autism.

In Family Homes

In-home services provide instructional help in the areas of behavior, hygiene, self-help skills, leisure routines, communication, social interaction, community access, academics, and more. Birchtree's autism experts can offer training to family members and caregivers and help students learn to apply their skills at home and in the community.

Fees for Home-Based Services

Services are available for an hourly fee plus travel costs (to and from Portsmouth, NH). Rates vary depending on the type of service.

In some cases, services are paid for by a student's school district (for school-based services) or developmental agency (for students under 3 years). We are unable to provide services funded by health insurance.



The Birchtree Center
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